

SAFE RETURN TO PLAY POLICY

In an effort to better manage our childrens' injuries, NDMH is now enforcing the following policy.

- 1) If a player sustains any injury that requires removal from play, the incident SHALL BE REPORTED to the NDMH Head Trainer. Note this does not specify what type of injury. ANY and ALL injuries requiring removal from play are to be reported. If NDMH receives evidence that an injury has not been reported, NDMH may impose a three-game suspension on the team trainer.
- 2) The injured player SHALL REMAIN OUT OF PLAY until such time as the Head Trainer notifies the Team Trainer and/or Head Coach that the player has been cleared to play. This includes practices, dryland training, etc.
- 3) If the injured player is found to have participated without permission from the Head Trainer, NDMH will impose a three-game suspension upon the Head Coach, and the player will be taken out of play until such time the Head Trainer provides notification to the team that they may return.

NDMH may require a [Safe Return to Play](#) form to be signed before an injured child may return. Hockey Canada policy dictates the following professionals may sign the form:

Once this form is signed, it must be returned to the Head Trainer. Upon receipt, the Head Trainer will notify the team that the player is able to return to play.

The Safe Return to Play form can be downloaded

at http://assets.ngin.com/attachments/document/0046/7092/HTCP2006-07ReturntoPlayForm_1.pdf

Musculoskeletal Injuries: Physicians, Chiropractors, Physiotherapists, Nurse Practitioners
Fractures, Spinal Injuries and Concussions: Physicians