

Return To Play Plan - Napanee District Minor Hockey

1. Assignment of a Communications Officer

This position will be held by our VP of OMHA, with support from our 2nd VP of OMHA. This post will be responsible for tracking all communication from the governing bodies relating to COVID - 19 and to the operation of NDMHA activities during the pandemic. The communications officer will relay information to the executive where it can be disseminated and conveyed to our association members via traditional methods ie. Email, social media, website postings.

2. Facility Management Contact

An individual will be assigned to remain in contact with the Strathcona Paper Centre. Any changes or updates to policy as it pertains to COVID - 19 and the operation of NDMHA activities during the pandemic. Information will be relayed to the executive and members similar to the communications officer. This position will be held by the NDMHA administrator.

3. Team Staff Responsibilities

A list of experienced coaches and trainers will be generated and then contacted with information pertaining this season's expectations of all team staff. The listed coaches and trainers who agree to the parameters of the governing bodies, arena facility and the NDMHA executive will then have teams/groups assigned to them to instruct on ice.

All measures to be implemented with regard to COVID - 19 safety, ie. safe distancing, will be iterated to the participants prior to each practice by team staff.

4. Arrival at Facility

The front doors will be open for entering/exiting the SPC. The north and south lobby doors will be designated as emergency exits only.

Individuals are only permitted in the designated rented areas of the SPC.

Access to the SPC will be permitted no more than 15 minutes before your scheduled ice time and users must be out of their designated dressing room in 15 mins or less after their scheduled ice time to allow for cleaning and disinfecting.

Each participant under the age of 18 years will be allowed **1** parent/guardian to enter the SPC and may help assist with equipment when necessary.

Access to upper spectator viewing areas will **NOT** be permitted at this time.

There will be a designated Food & Drink area separate from the spectator viewing area. You must be seated inside the designated Food & Drink area in order to remove your face covering/mask to consume food and/or beverages (ie: coffee). Absolutely **NO** food & drink in the spectator viewing area.

5. Hygiene

Each individual must sanitize their hands before entering the SPC.

Avoid high contact touch points wherever possible. (i.e.: door handles, counters, drinking fountain).

Participants are encouraged to fill their own water bottle before arriving, or by using the water bottle fill stations located in each dressing room.

6. Physical Distancing

Physical distancing of at least 2 meters (6 feet) from other persons should be maintained to the fullest extent possible while in the SPC.

Limit the amount of physical contact as much as possible.

Make every attempt to limit close contact with other individuals to 15 minutes or less.

7. Dressing Room and Shower Protocol

A maximum 11 participants in each dressing room, each user will be allotted 2 dressing rooms per time slot. This includes coaches/on-ice instructors. An additional dressing room will NOT be permitted.

A maximum of 22 people on the ice surface at any one time including coaching staff, trainers, etc.

Each participant under the age of 18 years will be allowed **1** parent/guardian to enter the SPC and may help assist with equipment when necessary. Face covering/mask must be worn at all times by anyone who is not engaged in physical activity or sitting inside the designated food & drink area.

Markings will be visible in dressing rooms to indicate where participants should sit to allow for distancing.

Showers will **NOT** be permitted.

8. Physical Distancing On Ice

Considering our small number requirements and the inability to play 5 on 5 or full ice games, physical distancing on the ice can be achieved. Rostering teams of 9 players, limiting the number of ice times per group, using a tiered approach to skill assessment and placing individuals in groups accordingly, in addition to limiting tiered groups to a maximum of 50, will assist in keeping on ice numbers low while matching skills levels to allow of safe completion of each ice time.

9. Parent/Guardian Requirements

Face covering/mask covering both the mouth and nose is required to be worn at all times while in the SPC except it may be removed during indoor physical activity, while using the shower, or sitting inside the designated food & drink area. Participants engaged in physical activity are not required to wear a face covering/mask while resting on players bench. Any coach or team staff that is not engaged in physical activity must wear a face covering/mask while inside the designated players bench area. SPC staff will be required to wear a mask when there is potential for contact with the general public. Emergency protocols will remain the same.

10. Facility Departure

Once the scheduled activity has been completed, all involved parties are asked to vacate the premises in an orderly fashion. Users must be out of their designated dressing room in 15 mins or less after their scheduled ice time to allow for cleaning and disinfecting. No lingering in the facility. Individuals who do not comply with KFL&A Public Health requirements may be subject to fines of \$750 to \$1000 with a maximum fine of \$100,000. Corporations found to be noncompliant can be fined up to \$10,000,000 for each day or part of each day on which the offense occurs or continues.

11. Sick Participant Procedure

As stipulated in the Hockey Canada Return to Play Guidelines, reporting illness or symptoms is a necessary requirement to keep everyone safe. NDMHA will assign our Head Trainer, Mandy Wilson, to manage all reports of illness or symptoms using the same methods for injury reporting.

12. Parent Information Session

NDMHA has selected September 14th as the tentative date for an online forum/Q&A session. The purpose of this session is to inform our participants and parents of what to expect and where they can help.